



Wessex Ridgeway Relay

ENTRY FORM 2024



The Relay starts at 7:30 am on Sunday 19th May 2024 from Tollard Royal Pond

Team Name:

Running Club:

Contact Name:

Email:

Mobile No:

Home Tel:

Address:

Entry	Number	Cost each	Total Cost
EA affiliated		£10	£
Unaffiliated		£12	£
Grand Total			£

Return this form by the **21st of April 2024** together with confirmation that you have paid by direct bank transfer into the Dorset Doodlers bank: Barclays bank, Sort code: 20-99-40, Account No: 00124990.

Using ref "WRR {your team's name}"

Ref used:

Date of payment:

Please return the form by email to paulnffforest@hotmail.com or by post to Race Director, 31 Sorrel Way, Gillingham, SP8 4TP.



**ENSURE THE WAIVER FORM IS UPDATED TO INCLUDE ALL RUNNERS IN YOUR RACE DAY TEAM AND HAND IN THE
AT THE RACE START**

Please return the form by email to paulnfforest@hotmail.com or by post to Race Director, 31 Sorrel Way, Gillingham, SP8 4TP.



Wessex Ridgeway 100k Relay

Team Waiver Form

Please complete this form which must be signed by all runners in your team, plus any accompanying drivers and supporters. Your team will not be permitted to start until the form is handed in and accepted by the race organiser.

Team Name:

All female? Yes / No

In signing below, I am declaring that I have read the race instructions, and the safety advice given on the race website. I understand that this is an event that uses public highways, involves road crossings and cross-country sections in remote locations. I understand that the race organisers will not mark the route and will not be available to assist with road crossings or route directions.

I declare that I am medically fit to run and agree that the organisers will not be held responsible for any injury, loss or damage suffered by me in, or by reason of this event, however caused. I agree to abide by the UK Athletics rules for competitions.

	Name	Signature	Date	Runner? Yes/No
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Please return the form by email to paulnffforest@hotmail.com or by post to Race Director, 31 Sorrel Way, Gillingham, SP8 4TP.



Wessex Ridgeway Relay

FOOD ORDER 2024

Team Name:

.....

Food Order	Number	Cost each	Total Cost
Food (runners)		£8	£
Food (supporters)		£10	£
Total meals		Grand Total	£

Number of vegetarian meals included above	
Number of gluten free meals included above	
Other dietary requirements:	

Return this form by the **21st April 2024** with a single payment per team, enclosing a cheque payable to "Dorset Doodlers". If you wish to pay by direct bank transfer, please make payment into the Dorset Doodler bank account...

Ref: "WRR FOOD {team letter}"

Details: Barclays Bank Sort code: 20-99-40 Account No: 00124990

Method of payment:

Cheque:

Bank Transfer:

Thank you

Please return the form by email to paulnffforest@hotmail.com or by post to Race Director, 31 Sorrel Way, Gillingham, SP8 4TP.



Wessex Ridgeway 100k Relay

TEAM NAME:	RACE LETTER:
-------------------	---------------------

START OF LEG	NAME OF RUNNER	START TIME	END TIME	COMMENTS (OPTIONAL)
1		07.30		
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				

Please enter the start and end times for each leg. Enter the time in BST format to the nearest minute (i.e 8.25am etc.), this will allow us to create a full set of results to be produced. We will also calculate the times for all individual legs. The comments section is purely optional – feel free to put anything you like!

If you feel you will not be finished by 6.30pm then overlapping will be allowed – you can run 2 legs at the same time, we can work the total times out to find your overall time.

Make sure your finished sheet is handed in at the end!

Paul Russell,
Race Director
07904 862225

Please return the form by email to paulnffforest@hotmail.com or by post to Race Director, 31 Sorrel Way, Gillingham, SP8 4TP.