

The Wessex Ridgeway Relay Race Results 2008

Well done to all the teams who took part. I am glad that organising an event for 'grown up' runners who do not expect to be molly-coddled is so popular.

This year 20 teams entered the race and 2 solo runners. The teams started at 7:30 by the Tollard Royal's duck pond and set off towards the first changeover point at Shroton. Dorset Doddlers A team finished the leg first and by halfway at Sydling St.Nicholas had a lead of 15 minutes from Wimborne A. By this time the field had spread out considerable, though there were many changes of position as teams used runners of different speed.

At the start of leg 12 the Doddlers had maintained the gap they had at halfway and looked assured of victory. Unfortunately their last leg runner pulled a hamstring early into the stage and was reduced to a painful shuffle. Both Wimborne A and B teams passed the injured runner, to snatch a 1, 2 victory from the Doddlers.

In the ladies team event Wells City Harriers opened an unassailable lead from Wimborne Ladies. A third team, Damsels in Distress, was disqualified from the ladies race when they had to find two replacement runners who were of the wrong gender.

Post race the 120 runners enjoyed hot showers in Uplyme village hall and a traditional meal of bangers and mash in the Talbot Arms. A few beers were consumed while runners swapped tales of running their stages.

Special mention should be made of Ines and Andy who ran the whole 62 miles solo. Taking into account the terrain this feat is the equivalent of running three consecutive non-stop marathons. Ines's quote at the end was classic "Well i think I've got that out of my system"

The change over times were:

Team	Start	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7	Leg 8	Leg 9	Leg 10	Leg11	Leg 12	Overall time
Wimborne A	7:30:15	8:34:51					11:45:25						16:07:07	8:36:52
Wimborne B	7:30:15	8:27:30	9:11:26	9:51:24	10:25:01	11:08:21	11:46:38	12:34:57	13:15:23	14:03:24	14:41:00	15:30:00	16:18:48	8:48:33
Doddlers A	7:30:15	8:24:33	9:03:00	9:46:00	10:16:00	10:54:00	11:34:42	12:19:00	13:04:00	13:47:00	14:47:00	15:06:00	16:20:20	8:50:05
Marlborough	7:30:15	8:26:37	9:08:01	9:52:33	10:32:30	11:14:59	11:56:19	12:52:06	13:32:22	14:25:00	15:09:16	15:55:07	16:49:37	9:19:22
AVR 1	7:30:15	8:27:49	9:11:00	9:52:00	10:30:30	11:15:00	11:55:46	12:51:00	13:35:00	14:29:00	15:06:00	15:55:00	16:54:57	9:24:42
AVR 2	7:30:15						12:52:50						16:57:30	9:27:15
Wells 1	7:30:15	8:32:46	9:22:00	10:18:00	11:05:00	11:55:00	12:40:37	13:37:00	15:32:00	15:24:00	16:09:00	16:55:00	17:50:53	10:20:38
Wells 2	7:30:15	8:32:46	9:22:00	10:18:00	11:05:00	11:55:00	12:40:37	13:37:00	15:32:00	15:24:00	16:09:00	16:55:00	17:51:14	10:20:59
Gillingham Trotters A	7:30:15	8:24:45	9:10:00	9:54:00	10:39:00	11:29:00	12:31:32	13:26:00	14:21:00	15:12:00	16:12:00	16:55:00	18:04:15	10:34:00
Gillingham Trotters B	7:30:15	8:24:45	9:10:00	9:54:00	10:39:00	11:29:00	12:31:32	13:26:00	14:21:00	15:12:00	16:12:00	16:55:00	18:04:15	10:34:00
Wimborne C	7:30:15	8:32:10	9:33:00	10:57:00	11:40:00		13:18:35		15:11:00		17:07:00		18:44:31	11:14:16
Dorset Doddlers B	7:30:15	8:39:47	9:37:00	10:28:00	11:11:00	12:07:00	12:59:01	14:10:00	15:02:00	15:58:00	16:47:00	17:44:00	18:44:32	11:14:17
AVR 3	7:30:15	8:34:00	9:22:00	10:15:00	10:58:00	12:06:00	13:06:01	13:55:00	15:08:00	16:04:00	16:55:00	17:58:00	19:05:14	11:34:59
Damsels	7:30:15	8:41:48	9:33:00	10:26:00	11:07:00	11:58:00	12:53:20	13:59:00	15:00:00	15:59:00	16:50:00	18:00:00	19:07:13	11:36:58
Knights	7:30:15	8:41:48	9:33:00	10:26:00	11:07:00	11:58:00	12:53:20	13:59:00	15:00:00	15:59:00	16:50:00	18:00:00	19:07:15	11:37:00
Long Suffering Friends	7:30:15	8:45:38	9:39:00	10:36:00	11:25:00	12:20:00	13:08:40	14:09:00	15:12:00	16:10:00	17:02:00	18:04:00	19:07:26	11:37:11
Wimborne D	7:30:15	8:33:07	9:37:00	10:29:00	11:08:00	12:04:00	12:51:53	13:46:00	14:45:00	15:46:00	16:32:00	17:37:00	19:10:17	11:40:02
Team Barney	7:30:15	8:41:48	9:30:00	10:25:00	11:05:00	12:20:00	13:08:24	14:10:00	15:02:00	15:49:00	16:45:00	18:07:00	19:25:20	11:55:05
AVR 4	7:30:15	8:41:48	9:30:00	10:25:00	11:05:00	12:20:00	13:16:01	14:10:00	15:02:00	15:49:00	16:45:00	18:07:00	19:35:20	12:05:05
Wimborne E	7:30:15	8:37:20	10:00:00	10:59:00	11:44:00	12:30:00	13:34:52	14:22:00	15:41:00	16:39:00	17:39:00	18:29:00	19:43:52	12:13:37
Ines	3:00:00	4:37:00	5:43:00	6:46:00	7:44:00	8:48:00	9:46:00	11:07:00	12:19:00	13:47:00	14:52:00	16:20:00	18:09:11	15:09:11
Andy	4:00:00	5:30:00	6:30:00	7:40:00	8:25:00	9:28:00	10:32:00	11:58:00	13:14:00	14:39:00	15:10:00	17:15:00	19:18:15	15:18:15

and the leg times were

Team	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7	Leg 8	Leg 9	Leg 10	Leg11	Leg 12	Overall Time
Wimborne A	1:04:36					11:45:25						16:07:07	8:36:52
Wimborne B	0:57:15	0:43:56	0:39:58	0:33:37	0:43:20	0:38:17	0:48:19	0:40:26	0:48:01	0:37:36	0:49:00	0:48:48	8:48:33
Doddlers A	0:54:18	0:38:27	0:43:00	0:30:00	0:38:00	0:40:42	0:44:18	0:45:00	0:43:00	1:00:00	0:19:00	1:14:20	8:50:05
Marlborough	0:56:22	0:41:24	0:44:32	0:39:57	0:42:29	0:41:20	0:55:47	0:40:16	0:52:38	0:44:16	0:45:51	0:54:30	9:19:22
AVR 1	0:57:34	0:43:11	0:41:00	0:38:30	0:44:30	0:40:46	0:55:14	0:44:00	0:54:00	0:37:00	0:49:00	0:59:57	9:24:42
AVR 2						12:52:50						16:57:30	9:27:15
Wells 1	1:02:31	0:49:14	0:56:00	0:47:00	0:50:00	0:45:37	0:56:23	1:55:00		0:45:00	0:46:00	0:55:53	10:20:38
Wells 2	1:02:31	0:49:14	0:56:00	0:47:00	0:50:00	0:45:37	0:56:23	1:55:00		0:45:00	0:46:00	0:56:14	10:20:59
Gillingham Trotters A	0:54:30	0:45:15	0:44:00	0:45:00	0:50:00	1:02:32	0:54:28	0:55:00	0:51:00	1:00:00	0:43:00	1:09:15	10:34:00
Gillingham Trotters B	0:54:30	0:45:15	0:44:00	0:45:00	0:50:00	1:02:32	0:54:28	0:55:00	0:51:00	1:00:00	0:43:00	1:09:15	10:34:00
Wimborne C	1:01:55	1:00:50	1:24:00	0:43:00		13:18:35		15:11:00		17:07:00		18:44:31	11:14:16
Dorset Doddlers B	1:09:32	0:57:13	0:51:00	0:43:00	0:56:00	0:52:01	1:10:59	0:52:00	0:56:00	0:49:00	0:57:00	1:00:32	11:14:17
AVR 3	1:03:45	0:48:00	0:53:00	0:43:00	1:08:00	1:00:01	0:48:59	1:13:00	0:56:00	0:51:00	1:03:00	1:07:14	11:34:59
Damsels	1:11:33	0:51:12	0:53:00	0:41:00	0:51:00	0:55:20	1:05:40	1:01:00	0:59:00	0:51:00	1:10:00	1:07:13	11:36:58
Knights	1:11:33	0:51:12	0:53:00	0:41:00	0:51:00	0:55:20	1:05:40	1:01:00	0:59:00	0:51:00	1:10:00	1:07:15	11:37:00
Long Suffering Friends	1:15:23	0:53:22	0:57:00	0:49:00	0:55:00	0:48:40	1:00:20	1:03:00	0:58:00	0:52:00	1:02:00	1:03:26	11:37:11
Wimborne D	1:02:52	1:03:53	0:52:00	0:39:00	0:56:00	0:47:53	0:54:07	0:59:00	1:01:00	0:46:00	1:05:00	1:33:17	11:40:02
Team Barney	1:11:33	0:48:12	0:55:00	0:40:00	1:15:00	0:48:24	1:01:36	0:52:00	0:47:00	0:56:00	1:22:00	1:18:20	11:55:05
AVR 4	1:11:33	0:48:12	0:55:00	0:40:00	1:15:00	0:56:01	0:53:59	0:52:00	0:47:00	0:56:00	1:22:00	1:28:20	12:05:05
Wimborne E	1:07:05	1:22:40	0:59:00	0:45:00	0:46:00	1:04:52	0:47:08	1:19:00	0:58:00	1:00:00	0:50:00	1:14:52	12:13:37
Ines	1:37:00	1:06:00	1:03:00	0:58:00	1:04:00	0:58:00	1:21:00	1:12:00	1:28:00	1:05:00	1:28:00	1:49:11	15:09:11
Andy	1:30:00	1:00:00	1:10:00	0:45:00	1:03:00	1:04:00	1:26:00	1:16:00	1:25:00	0:31:00	2:05:00	2:03:15	15:18:15